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Model SPH-a310 and SPH-a310ZRA/Dual Band Tri-Mode/Part # GH68-32504A



## Quick-Start Guide

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GH68-32504A

## The Inside Of Your Jitterbug®

1. Earpiece Speaker

2. Inside Display

3. Up/Down Button

4. Speakerphone Button

5.  YES Button

6. Power Connector and Accessory Connector

7. Noise Reduction Technology

8. Power Button

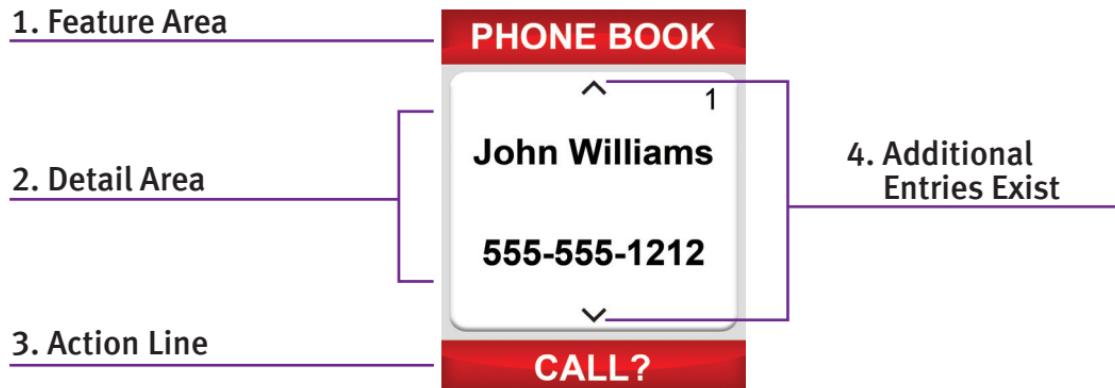
9.  NO Button

10. Microphone



## How To Read The Inside Display

The screen on the inside of your Jitterbug® is referred to as the Inside Display. The following diagram explains the areas of the Inside Display.



**1. Feature Area** – identifies the feature you are using. For example, when you are in the Phone Book, you will see “PHONE BOOK” in the Feature Area.

**2. Detail Area** – the middle of the Inside Display provides the details of each feature.

**3. Action Line** – line where questions or commands are displayed. You can respond by pressing the **YES** or **NO** buttons.

**4. Additional Entries Exist** – the small arrows indicate when entries are available before or after the current screen. Use the “Up/Down” button to scroll through entries.

## Turning Your Jitterbug On

1. Open your Jitterbug.

2. Press the button in the upper right corner of the keypad until your Jitterbug turns on and the Jitterbug logo appears on the Inside Display.

3. When you hear a dial tone, your Jitterbug has service and is ready to use. If a connection is not possible, a “No Service” message will appear on the Outside Display and a dial tone will not be heard.

## Your Main Screen

For your convenience, each time you turn your Jitterbug® on, you will see the Main Screen as shown. The Main Screen displays your phone number at the top of the screen and allows you to access all of the features on your Jitterbug. Your Jitterbug is designed with the following four features installed in your phone:

- 1. Phone Book** – store up to 50 of the names and numbers that you call most often.
- 2. Call History** – an easy way to review your last ten incoming, outgoing and missed calls, listed with the most recent first.
- 3. Phone Info** – gives you your phone number, battery life, signal strength and approximate minutes used per month.



- 4. Settings** – you can change the color of the Inside Display, select Ring Tones, turn the Jitterbug start-up Jingle on/off and change Bluetooth® settings.

You can easily access all of your features within the Main Screen using three simple buttons located at the top of the keypad.

1. Use the “Up/Down”  button to scroll through the features of the Main Screen.
2. When the feature you want to select is highlighted in gray in the middle of the Inside Display, press the  button to select that feature.
3. The  button enables you to answer “No” to questions in the Action Line and return to a previous screen. If you make a mistake while dialing a number or typing a Text Message, you can press the  button to back up and delete what you entered.



If you ever find yourself confused when using your Jitterbug, there are two easy ways to return to the Main Screen. Simply press the  button several times in a row, or close and then re-open your phone at any time. Both of these options will give you a fresh start at the Main Screen.

## Placing A Call

1. Open your Jitterbug.® You will hear a dial tone to indicate that there is service available.
2. Dial the full ten digit number using your keypad. If you accidentally press a wrong button, press the  button to back up and delete the last number.
3. Press the  button to place the call when you are finished dialing.

## Using The Phone Book To Make A Call

1. Starting from the Main Screen, use the “Up/Down”  button and press the  button when “Phone Book” is highlighted in gray in the middle of the Inside Display.
2. Press the “Up/Down”  button to scroll through the contacts in your Phone Book.
3. When you find the desired name and number, press the  button to make the call. You will see “Calling...” on the Inside Display followed by “Connected.”

## Receiving A Call

### Indicators of an incoming call when your Jitterbug is open:

- The Light Signal on the front of your Jitterbug flashes.
- The phone number of the person calling will appear on the Outside Display.
- If the caller’s number is stored in your Phone Book then the name and number will appear on the Inside Display. If the caller cannot be identified, you may not see the phone number or you may see “Unavailable” or “Restricted.”

### Receiving a call when your Jitterbug is closed:

1. If the caller’s name and number are stored in your Phone Book or the caller ID is recognized, either the name or the phone number appears on the Outside Display.
2. Open your Jitterbug when you hear it ring. The Ring Tone will stop when the phone is opened.

3. A “Connected” message will appear on the Inside Display and the caller’s voice can be heard through the earpiece speaker.

### Receiving a call when your Jitterbug® is open:

1. When the “ANSWER?” question appears on the Inside Display press the  button to connect.
2. A “Connected” message will appear on the Inside Display and the caller’s voice will be heard through the earpiece speaker.

### Ending A Call

To end a call, press the  button or close your Jitterbug.

### Adjusting The Earpiece Speaker Volume

When you’re on a call, press the volume  button up or down until the sound reaches a comfortable level. Your Jitterbug has three volume options for your earpiece speaker that you can adjust while on a call.

### Adjusting The Ringer Volume

1. Open your Jitterbug and confirm it’s on.
2. Press the volume  button on the outside of the phone below the Outside Display. Press the top of the button to increase the volume and the bottom of the button to decrease the volume.

### Turning Your Jitterbug Off

1. Press and hold the  button in the upper right corner of the keypad until the Jitterbug logo appears in the Inside Display.
2. Your Jitterbug will then turn off.



We recommend keeping your Jitterbug on at all times and charging it overnight so you can always stay connected.

## Calling Operator Assistance

Live Operators are available 24 hours a day, seven days a week, and can help you:

- Update and manage your Phone Book.
- Look up a residential, business or government phone number.
- Connect you to any number in the U.S. or Canada.
- Place calls to anyone in your Phone Book.

It's easy to call a Operator, just follow these three steps:

1. Open your Jitterbug.
2. Press the  button on the keypad.
3. Press the  button to place the call.

## Personalize Your Experience

### LiveNurse - FREE on most rate plans

Get unlimited, 24-hour advice from experienced, registered nurses in English or Spanish. You'll also have access to a pre-recorded health library, featuring current information on hundreds of general health topics.<sup>1</sup>

### The Wellness Call - FREE on most rate plans

We've partnered with wellness expert and bestselling author Brian Alman, Ph.D. to help you feel better immediately and long-term. If you struggle with things like stress, sleeplessness or weight, this service can help with one motivational 4-5 minute call per week.<sup>2</sup>

### Medication Reminders - \$10 per month

Easily follow your medication schedule as prescribed by your doctor, track your adherence to that schedule and even be connected to the pharmacy for prescription refills.<sup>3</sup>

## **The Check-in Call - \$5 per month**

Daily phone calls ensure you or a loved one are being checked on. If assistance is needed, a notification will be sent to your personal contacts for help.<sup>3</sup>

## **Daily Health Tips - FREE on all rate plans**

Stay healthy with our Daily Health Tips service, brought to you in partnership with the American Heart Association's Go Red For Women™ Movement. Every day you'll receive informative tips that support a heart-healthy lifestyle, delivered right to your phone.

## **Handset Replacement - \$4 per month**

This helpful service brings peace of mind if your phone is ever lost, stolen or damaged. You're covered if anything ever happens to your phone, we'll replace it no questions asked.